

SURGERY PREPARATION INSTRUCTIONS

PATIENT NAME: _____ CHECK-IN TIME: _____

SURGERY DATE: _____ SURGERY TIME: _____

Surgical Procedure Preparation

ARRIVAL

- Please arrive at the surgery center one hour prior to scheduled procedure time
 - Sign in at the surgery center waiting room

PLEASE BRING

- Photo ID of you and your partner (if applicable)
- Insurance card (if applicable)

DO NOT

- Eat or drink anything after midnight on the evening prior to surgery
 - This includes ANY food, drinks, water, alcohol, prescription/recreational drugs
 - If procedure is scheduled prior to 8 am, you should have at least 8 hours of no food or liquids prior to your procedure start time.
- Valuables - please leave all valuable items at home

WHAT TO WEAR

- Comfortable, loose fitting clothing
 - We recommend that you also bring socks for added comfort during your procedure

TRANSPORTATION

- Make sure you have a responsible adult to drive you home
 - You may not drive at all on the day of your procedure following anesthesia.

Important Information

- All outstanding balances must be reconciled prior to surgical procedure
 - You may contact us the day before and settle any outstanding invoices
SCRC: Professional Fee: 310-277-2393
Roxbury Facility Fee Melissa H. 310-246-4628 ex 239
Anesthesia Fee: Dr. Martin Cousineau mcousineau@roxburysurgerycenter.com
- Your anesthesiologist will call you the night before your procedure and may give you additional instructions related to any prescription medication you may be taking. You will also have a chance to discuss any medical conditions or concerns related to anesthesia at this time.
 - Please make sure we have the best phone number to reach you
- You are required to have blood work no more than seven days before your surgery.
 - Please call **310-277-2393 ex 222** to make an appointment

Signature of Receipt

I have received and fully understand my pre-op surgical instructions

PATIENT SIGNATURE: _____ DATE: _____