

## SURGERY PREPARATION INSTRUCTIONS

PATIENT NAME: \_\_\_\_\_

CHECK-IN TIME: \_\_\_\_\_

SURGERY DATE: \_\_\_\_\_

SURGERY TIME: \_\_\_\_\_

### Surgical Procedure Preparation

#### ARRIVAL

- Please arrive at the surgery center one hour prior to scheduled procedure time
  - Sign in at the surgery center waiting room

#### PLEASE BRING

- Photo ID of you and your partner (if applicable)
- Insurance card (if applicable)

#### DO NOT

- Eat or drink anything after midnight on the evening prior to surgery
  - This includes ANY food, drinks, water, alcohol, prescription/recreational drugs
  - If procedure is scheduled prior to 8 am, you should have at least 8 hours of no food or liquids prior to your procedure start time.
- Valuables - please leave all valuable items at home

#### WHAT TO WEAR

- Comfortable, loose fitting clothing
  - We recommend that you also bring socks for added comfort during your procedure

#### TRANSPORTATION

- Make sure you have a responsible adult to drive you home
  - You may not drive at all on the day of your procedure following anesthesia.

### Important Information

- All outstanding balances must be reconciled prior to surgical procedure
  - You may contact us the day before and settle any outstanding invoices  
**SCRC Professional Fee: 310-277-2393**  
**Roxbury Facility Fee: 310-246-4628 ex 239**  
**Anesthesia Fee: Dr. Ronald Wahlig**
- Your anesthesiologist will call you the night before your procedure and may give you additional instructions related to any prescription medication you may be taking. You will also have a chance to discuss any medical conditions or concerns related to anesthesia at this time.
  - Please make sure we have the best phone number to reach you
- You are required to have blood work no more than seven days before your surgery.
  - Please call **310-277-2393 ex 222** to make an appointment

### Signature of Receipt

I have received and fully understand my pre-op surgical instructions

PATIENT SIGNATURE: \_\_\_\_\_

DATE: \_\_\_\_\_